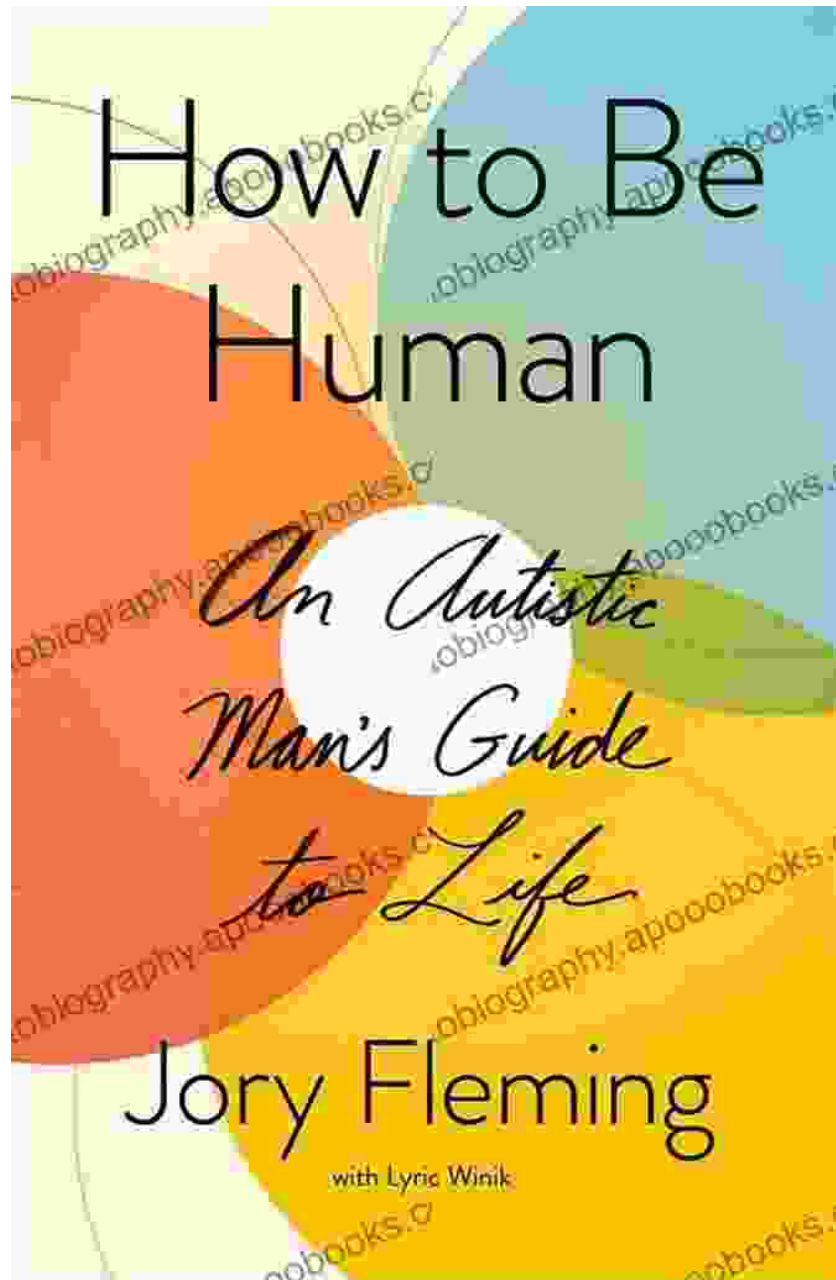


# Oh to Be Human: A Journey of Self-Discovery, Resilience, and Triumph



In his powerful and inspiring memoir, *Oh to Be Human*, Matthew Burns chronicles his journey of self-discovery, resilience, and triumph. Burns was born with a rare genetic disorder that left him with a physical

disability. Despite the challenges he faced, Burns never gave up on his dreams. He went on to become a successful businessman, author, and motivational speaker.

Oh to Be Human is a story of hope and perseverance. It is a reminder that no matter what challenges you face in life, you can overcome them with determination and a positive attitude. Burns's story will inspire you to never give up on your dreams, no matter how difficult they may seem.



### **Oh, To Be Human** by Matthew K. Burns

★★★★☆ 4.8 out of 5

Language : English  
File size : 1085 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 161 pages  
Lending : Enabled  
Hardcover : 300 pages  
Item Weight : 1.2 pounds  
Dimensions : 6 x 0.69 x 9 inches



## **A Journey of Self-Discovery**

Burns's journey of self-discovery began at a young age. He was born with a rare genetic disorder that left him with a physical disability. As a child, Burns was often bullied and teased by his peers. He felt like an outsider, and he struggled to fit in.

Despite the challenges he faced, Burns never gave up on himself. He learned to accept his disability and to see it as a part of who he was. He

also learned to appreciate the things that he could do, rather than dwelling on the things that he couldn't.

As Burns grew older, he began to explore his interests and talents. He discovered that he had a natural ability for writing and speaking. He also developed a passion for helping others.

Burns's journey of self-discovery was not without its challenges. He faced setbacks and disappointments along the way. But he never gave up on himself. He kept moving forward, and he eventually achieved his dreams.

## **Resilience**

Burns's story is a testament to the power of resilience. He faced adversity head-on, and he never gave up. He learned to pick himself up after setbacks and to keep moving forward.

Burns's resilience was tested to the limit when he was diagnosed with a life-threatening illness. He was given a 50% chance of survival. But Burns refused to give up. He fought for his life, and he eventually beat the illness.

Burns's story is an inspiration to anyone who is facing adversity. It shows that no matter what challenges you face in life, you can overcome them with determination and a positive attitude.

## **Triumph**

Burns's journey has been one of triumph. He has overcome adversity, achieved his dreams, and inspired others. He is a successful businessman, author, and motivational speaker. He is also a loving husband and father.

Burns's story is a reminder that anything is possible if you set your mind to it. No matter what challenges you face in life, you can overcome them with determination and a positive attitude.

Oh to Be Human is a powerful and inspiring memoir. It is a story of hope, perseverance, and triumph. Burns's story will inspire you to never give up on your dreams, no matter how difficult they may seem.

If you are looking for a book that will motivate and inspire you, then I highly recommend Oh to Be Human. It is a book that will stay with you long after you finish reading it.



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