

Typology of Domestic Violence: Understanding the Spectrum of Abuse

Domestic violence is a pervasive issue that affects individuals and families across all societal strata. To effectively address and combat this scourge, it is paramount to understand the diverse forms that domestic violence can take. This article presents a comprehensive typology of domestic violence, exploring the various types of abuse and their manifestation within intimate relationships.



A Typology of Domestic Violence: Intimate Terrorism, Violent Resistance, and Situational Couple Violence (New England Gender, Crime & Law) by Michael P. Johnson

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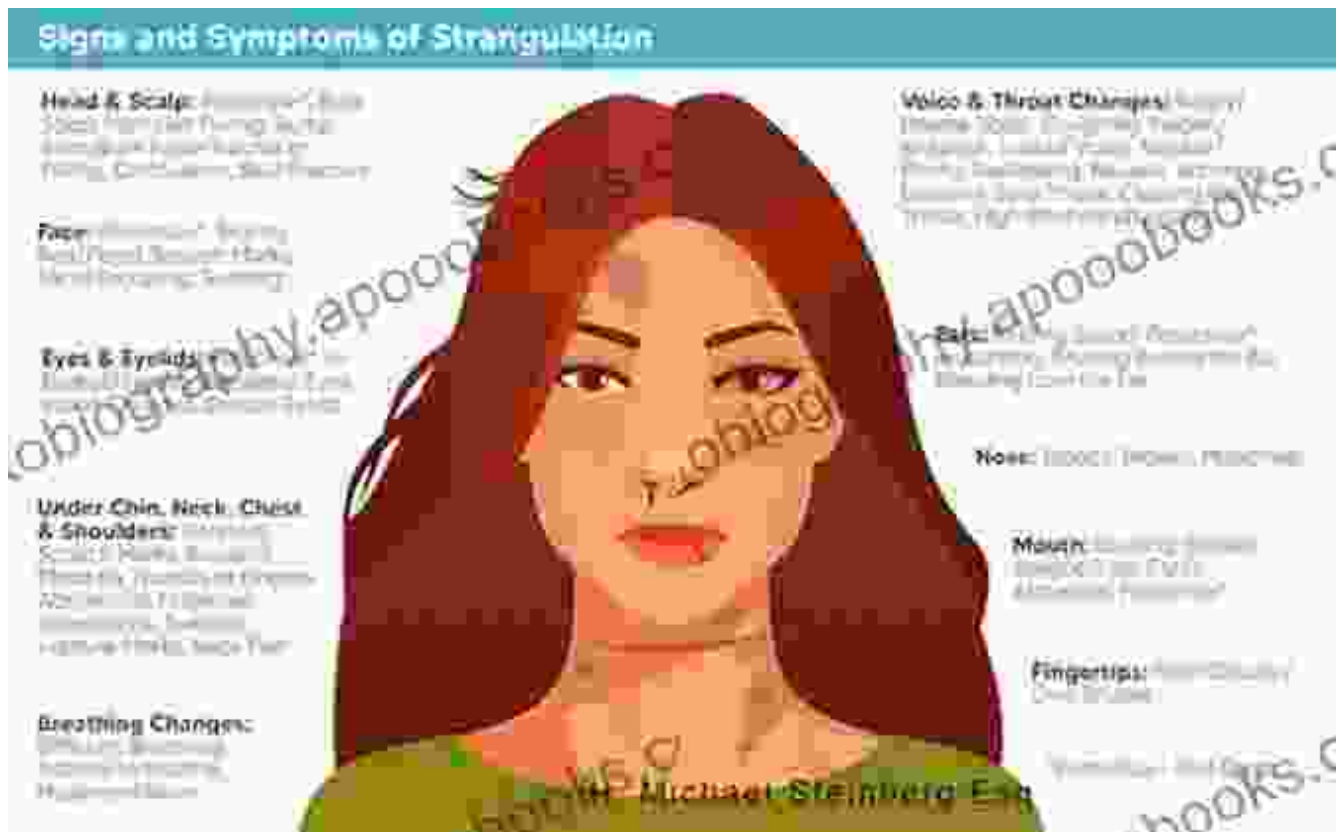


Physical Abuse

Physical abuse is any intentional act of physical harm inflicted upon one partner by another. It encompasses a wide range of behaviors, including:

- Hitting, punching, or kicking

- Choking or strangulation
- Slapping or pushing
- Using objects to inflict pain, such as weapons or furniture
- Depriving the victim of necessary medical care



Sexual Abuse

Sexual abuse involves any non-consensual sexual activity. It includes:

- Rape or attempted rape
- Forced oral sex or anal sex
- Unwanted sexual touching or groping
- Verbal or non-verbal pressure to engage in sexual activity

Not 'revenge porn'

01 What is non-consensual intimate imagery (NCII)?

→ Sexually explicit images and videos that are captured, transmitted or possessed without the consent of any or more persons in the frame

→ 70% post-DUI crime

02



The Policy Enforcement

→ And-Offense Act 2014
→ 18 USC 2252A
→ Victim faces up to 10 years if an

How to protect yourself from NCII:

- Never hand your device (smoke)
- Install a good security app and antivirus software

01

03

Emotional Abuse

Emotional abuse involves the use of words or behaviors to belittle, humiliate, or manipulate the victim. It encompasses:

- Verbal insults or put-downs
- Threats or intimidation
- Gaslighting or denying the victim's reality
- Isolation from friends and family
- Stalking or cyberbullying



Economic Abuse

Economic abuse is the use of financial control to maintain power and dominance over the victim. It includes:

- Controlling the victim's access to money or resources
- Preventing the victim from obtaining or maintaining employment
- Stealing or destroying the victim's property
- Forcing the victim to incur debts or take out loans
- Using the victim's financial dependence to coerce them



Dynamics of Domestic Violence

Domestic violence is not a one-time event; it is a pattern of coercive control and abuse. Abusers often use a combination of tactics from different types of violence to maintain their power over the victim. The dynamics of domestic violence can be complex and may include:

- **Power imbalances:** Abusers often use their physical, economic, or emotional superiority to control the victim.
- **Isolation:** Abusers may isolate the victim from friends and family, making them more dependent on the abuser.
- **Denial and minimization:** Abusers may deny or downplay their abusive behavior, blaming the victim or external factors.

- **Threats and intimidation:** Abusers may use threats of violence or retaliation to keep the victim compliant.
- **Cycle of violence:** Domestic violence often follows a predictable pattern of tension-building, violence, and reconciliation.

The typology of domestic violence presented here provides a comprehensive understanding of the diverse forms that abuse can take. By recognizing the full spectrum of violence, we can better identify, respond to, and prevent this pervasive issue. Empowering victims and holding abusers accountable is crucial to breaking the cycle of domestic violence and creating safer communities for all.

If you or someone you know is experiencing domestic violence, please reach out for help. There are numerous resources available, including:

- National Domestic Violence Hotline: 1-800-799-SAFE (7233)
- National Sexual Assault Hotline: 1-800-656-HOPE
- Local domestic violence shelters and crisis centers

Remember, you are not alone, and help is available. Breaking the silence and seeking support is vital to healing from the trauma of domestic violence and building a life free from abuse.



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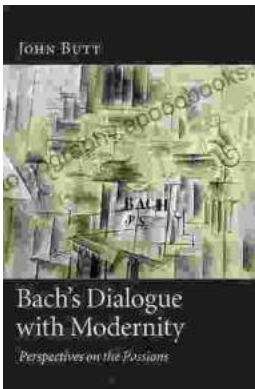
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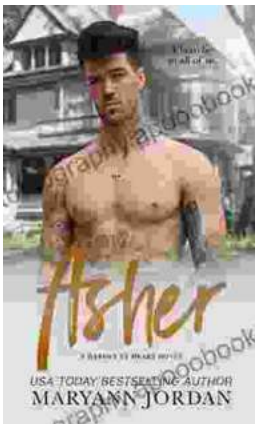
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